

Just **SOME** of the reasons to go

on a MindStretch Travel Adventures trip...

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MindStretch Travel Adventures offer different activities each day and with every trip. Most typical summer camps run pretty much like schools. You go to "classes" or "activities" each time they ring the bell and every day kind of looks like the one before. *NOT* with MTA. We'll be doing something different every day depending on where we are and what the area offers.



Check out these photos from some of our past adventures and be sure to check out our website for more photos, answers to questions, comments from kids and parents, and more.



Like every camp, we go hiking...but instead of hiking in "the back forty" as a lot of camps like to call their acreage, we visit some of the most incredible natural areas in the U.S. including national parks and state parks.



Every trip offers a separate set of activities based on where our travels take us. These boys were about to tackle a ropes adventure park in the NC mountains.



The "TRAVEL" in our name means we don't see the same places every year. Each summer finds us going to different locations. We've been out West (Wyoming, Montana, Colorado) many times. We've been to Europe several times, Canada and New England a bunch, and for adventures closer to home we also love our Southern Appalachian mountains!



Having fun with a bowling tournament after a busy day of more adventurous activities is something we might do. On some trips we might play a round of miniature golf, or go to a rodeo, or to a baseball game.



Taking a swim in the afternoon at the hotel pool is the perfect way to end the day.



We don't always get a chance to ride horses, but we will this coming summer in Wyoming. Riding is an optional activity...just in case horses aren't your thing.



Mountain biking is an activity we enjoy, especially riding on a "Rails-to-Trails" conversion. We'll get to do this in June 2016 during our West Virginia - Tennessee adventure.



Even suppers are an adventure! You can almost always find us at a different restaurant each evening. Sure beats eating in the same dining hall night after night. You'll even get to choose what you want to eat from the menu. This group of friends enjoyed having pancakes for dinner. Why not?

Every day offers up new adventures on a MTA trip. No two days are ever the same. Hope you'll want to join us.





In addition to daily swims in our motel pools, most trips include other ways of getting wet.

