

seven great days in  
**The Virginia Mountains - July 29 - August 4, 2012**

We've just added this new trip to our summer program for 2012. It's a great opportunity to kick back and enjoy some really fun kid-sized adventures in our easy-going MTA program.

**Round up a friend or two and let's head to Virginia this summer.**



This adventure is especially geared toward younger boys ages approximately 8 to 12 but older boys will enjoy it just as much. Older boys can attend as trip assistants or junior counselors depending on age and past MTA experience. Mark Levin and at least one other adult will be the trip leaders with more adults going depending on enrollment numbers. The trip will go with as few as four or five boys.

This adventure starts and ends in Asheville so it makes it one of the most affordable private overnight experiences around. During the day we'll have fun doing all kinds of great activities and in the evenings we'll return to our comfortable motel rooms in time for a swim in the pool and dinner in a sit-down restaurant. It's the way to travel! We've been taking kids on trips like this since 1978.

**Activities vary with each day.** No two days are ever the same on a MindStretch Travel Adventure. We'll be basing our stay in two main areas - Shenandoah National Park and Abingdon.

*Some of our activities will include:*

- ◆ Hiking in Shenandoah National Park
- ◆ Exploring a Civil War Battlefield
- ◆ Going deep inside Luray Caverns
- ◆ Checking out Natural Bridge
- ◆ Biking on the Virginia Creeper Trail
- ◆ Geocaching here and there
- ◆ Visiting some of the historic towns and villages in this part of Virginia
- ◆ Canoeing or tubing some flat water on the Shenandoah River
- ◆ and a whole lot more.



*More you should know -*

A MTA trip is perfect for boys with a sense of adventure who still want the comforts of home. Every day we'll choose from two or three activities and we're always on the lookout for the unexpected. All activities are age appropriate and safety is our number one concern. No two days are ever the same. Boys help plan some of the activities and others are reserved in advance. Many kids have been on a MTA trip for several years in a row. There's a reason they keep coming back. They love it and so do I.



**For More Information or to sign up, contact:**

Mark Levin  
MindStretch Travel Adventures  
marklevin@windstream.net  
www.MindStretchAdventures.com  
828.863.4235

**Our 2013 Trips**

West Virginia Mountains  
7 days in June

Europe by Eurail  
19 days in July